

Since 2010

# SIGCONDITIONING

Special Interest Group in Strength & Conditioning

## UPSI STRENGTH & CONDITIONING CONFERENCE 2019

### Poster submission

Research presentation posters will be accepted for this conference. Poster's abstract should be in the area of strength and conditioning or related.

### POSTER FORMAT

- A1 size.
- Written in English, Font Calibri 11pt, not more than 250 words.
- Abstract poster's accompanied with diagram and photos of actual practice is highly recommended.
- Should prepare in microsoft word for submission.
- Acceptance of abstracts will be notified as soon as possible by 7<sup>th</sup> September 2019

### ABSTRACT CONTENT

- It can be case study, research report or systematic review output.
- Must have Introduction, Methods, Results, Discussion and Practical Applications.

### NEED HELP?

- Need help preparing abstract? A practitioners with assessment data and want to present it to others for feedback? Feel free to contact Dr. Nur Ikhwan for assistance via email [nur.ikhwan@fsskj.upsi.edu.my](mailto:nur.ikhwan@fsskj.upsi.edu.my)

### ABSTRACT SUBMISSION

- Abstract presenter will need to register as participants accordingly. No additional fee will be imposed.
- Email to [nur.ikhwan@fsskj.upsi.edu.my](mailto:nur.ikhwan@fsskj.upsi.edu.my) or whatsapp to Fazila at 017-604 2047

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